



## Newsletter



### ON YOUR MARK, GO! FOR 2007/2008

Hard to believe that winter is over and summer is just around the corner. That means warm nights and Little Athletics are not far away.

The committee has been busy planning for the 2007/08 season and we hope to make this bigger and better than ever for Hallett Cove.

We have applied for numerous grants for equipment and we hope these will bear fruit as the season progresses. We have already won one grant under the federal government's Volunteer Small Equipment grants for a portable marquee that we can use at Santos and for our timekeepers at our meets.



2006/07 Greg Peterson Athletes of the Year, D.J Adair and Bianca Gray

As we have done for the past few seasons, registration will be at the Hallett Cove Shopping Centre. This year it is on Sunday September 23rd. All existing athletes will receive a letter and registration form in the post.

We are keeping the fees at the same price as last season - that makes 5 years without an increase, pretty good value in this day and age.

Like last year, we are going to start the season on Sundays and move to Fridays in October. That way it's warmer and lighter. Unlike last year, we have decided not to have a break for October School holidays so will start on October

14th (Sunday) and go right through till April.

Following the success of last year's Family Fun Day for presentations, we plan to do the same thing this year. The goal is to make it a little bigger and better each year.

For the first time this year, we surveyed members about the Centre. A summary of the results is given over the page.

Don't forget Registration Day is on the 23rd September at the Hallett Cove Shopping Centre from 10am to 2pm. Remember fees are discounted if you register on this date.



### INTRODUCING THE COMMITTEE

The Committee for 2007/2008 are:

<b>President</b>	Iain Carlin	<b>Vice President</b>	Carolyn Gray	<b>Secretary</b>	Karen Campbell
<b>Treasurer</b>	Dave Pickering	<b>Tiny Tots</b>	Craig Nuttall	<b>Recorder &amp; Head Chef</b>	Steve Gray
<b>Registrar &amp; First Aid</b>	Michelle Bailey	<b>Team Manger</b>	Kim Carlin	<b>Coaches</b>	Jon Hall
<b>Sponsorship &amp; Marketing</b>	Dave Reid	<b>Uniforms &amp; Fund Raising</b>	Sandy Caddies	<b>Coordinator</b>	Glenn Mackenzie
<b>Junior Development</b>	Bianca Gray	<b>Awards &amp; Newsletter</b>	Debbie Hall	<b>Equipment &amp; Grants</b>	
				<b>Volunteers</b>	Kayleen Pickering
				<b>Co-Ordinators</b>	Rachael Young

There's always room for more on the Committee. Contact Iain Carlin if you are interested in helping out.

### DATES TO REMEMBER



**Registration** - Sunday 23rd September, 10am-2pm Hallett Cove Shopping Centre

**Working Bee** - Saturday 6th October, 10am.

**First Meet** - Sunday 14th October, 10am

**2nd Meet** - Sunday 21st October, 10am

**First Friday Meet** - Friday 28th October, 6pm

**Come and Try** - Any Friday from 2nd November

**Regional Games** - TBA - Sunday in November

**State Relay Championships**— Sunday 2nd December— Nominations Close 8th November





**ATHLETE HEALTH RECORD**

For the safety of all Athletes, and for insurance cover, please ensure that you provide any relevant health-related details on your Registration form. We need to know about allergies, previous injuries or any other conditions which may influence a child's ability to participate in Little Athletics.

This gives our First Aid Officer/s details of special needs that each Athlete may have. Records are kept strictly confidential. Please consult with any of the Committee if you have any concerns.



**ARE YOU ON EMAIL?**

From last year's records, only 50% of Athletes supplied an email address. Email is a quick and cost-effective means of communication with our members. We never pass on your email to any other organisation and only use it to send you information about Little Athletics.

When you fill in your registration form, if you have an email address, please fill it in legibly and accurately in the appropriate place.



**END OF SEASON SURVEY—WHAT YOU TOLD US**

Thanks to everyone that completed the end of season survey, either on-line or through the post.

This is the first time we have done this and we waited with bated breath to find out what you thought.

Overall the results were very positive. 90% of respondents rated us 8 out of 10 or better and nobody said they would not be back next season! There were also many great positive comments that came back, lots praising the work the committee do to keep the centre up and running.

There were a few common thoughts about areas we can improve and we will endeavour to address these this year:

- More healthy options at the canteen;
- Keep pre-meet announcements short;
- Start the meets on time;
- Get more parents to help;
- Keep up the good work!

With your help we should be able to meet your expectations in all of these areas.



**HELPER TRAINING**

Another common response in the surveys was regarding training on how to help at Little Athletics. More information will be provided later but at this stage please note that the following are available.

- Parent Orientation (in the first 4-6 weeks of the season)
- Intro to Coaching course - a great overview of how to help your kids get the best out of Little Athletics
- C Grade Officials Course - great way to learn the basic rules, how to run and record each event.
- The 'How To Help at Little Athletics' booklet that comes in your registration 'Show Bag'
- Ask anyone in a purple shirt - they will always help you out.

**2007/2008 FEES**



The fees for this season have been kept at the same level, as for the last 5 seasons.

This means that Little Athletics continues to be a very affordable sport.

Remember, fees are discounted if you pay on Registration Day.

No in Family	On Reg Day	After Reg Day
1 Child	\$60	\$65
2 Children	\$100	\$110
3 or more	\$130	\$140



**RUNNING OF MEETS**

To address a few of the issues raised in the surveys, this year we will be starting at **6pm SHARP** with warm ups. Brief announcements will be give to parents only while the athletes are warming up.

After the announcements parents will be expected to help with set up of the oval then when the warm ups are finished we will get straight on with the meets.

The shed will be open from **5:45pm** and we need parents to arrive as early as possible to help with setting up the oval. In the past this has been why the meets don't start on time so the more help we get in this area the better it is for everyone.

**Be Your Best**



2006/07 Mayor of Marion Junior Encouragement Award Winners - Daniel Carlin and Zoe McCrindle



**WELCOME BACK 'B'**

Life member, star Hurdler, Club Captain, Level 1 Coach and all round great girl Bianca Gray is now adding Committee Member to her list.

'B' has returned to HCLAC as a Committee Member filling the role of Junior Development Officer. Bianca will be assisting with the On-Track program for Under 6 athletes at the start of the season.